

Luke 10:39 "She had sister named Marv, Which also sat at Jesus feet and heard His Word"

NEWSLETTER: "MOMENTS WITH MARY"

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"REJOICE, NOT REMORSE!"

Phil.4:4-8 KJV "Rejoice in the Lord always: and again I say, Rejoice! Let your moderation be known unto all men. The Lord is at hand. Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passes all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."

Taking time to reflect on the LORD and his involvement in our lives and the world around us, should give us reasons to rejoice in him! We do not always understand all of His ways and that is actually quite normal! The Word tells us his ways are higher than ours and his thoughts are also! (Isa. 55:8-9)

Too often our lives are so rushed that we fail to enjoy and rejoice in the beauty of Nature He has created! The fact that He promises to always be with us is very comforting and should result in our rejoicing! But this does not mean He will prevent us from experiencing suffering and disappointments! (2 Cor.1:20) If we only rejoice when

everything is going *well for us*, we will seldom do it! Remorse will become the *normal* condition we will live in! That is *not how God says we should live!* *Rejoicing is meant to lift our spirits!* (Ps.104:33-34) v.34 "My meditation of Him shall be sweet: I will be glad in the LORD."

Remember to old saying, "stop and smell the roses"? That is a reminder for us to take a fresh look at the priorities of our lives! Do we let others dictate what we do with most of our time? Have we looked unto the LORD first for wisdom and direction? When we take a few moments to see how God has provided something as simple as food and fodder for nesting for little birds, let that tender care that He has for every little sparrow remind you of His loving care for you! (Mt. 6:26)

Our God who cares about a little bird is more than able to meet all our needs! Do we sometimes confuse our *wants with our needs*? When we do that, we will become disappointed with God and begin to have remorse, not rejoicing! Do we sometimes misunderstand God's promises and feel He is not being fair with us?

Has someone taken the promises out of proper context and told you, you can have *anything you want*? All you have to

do is tell that to the LORD? That kind of wrong teaching can cause confusion and anger at God! Surely it is hard to rejoice when that happens! Remorse can take hold and cause depression! Rejoicing is a means that God has provided to lift our eyes upward toward Him, even during times of extreme difficulty!

Rejoicing in those times does not mean we are happy or pleased or even being complacent over our troubles, sufferings and situations. Psalms 126:5-6 LB
“Those who sow tears shall reap joy. Yes, they go out weeping, carrying seeds for sowing, and shall return singing, carrying their sheaves.” There times in our lives that we need to shed some tears! Rejoicing then, just simply means we look unto the LORD to be our ever present help in time of need.

When we rejoice, He builds an increased strength within us! Nehemiah 8:10 gives us some wonderful principles to help lift our spirits! Looking at the needs of others or praying for them, gives us relief from focusing on ourselves at times and lets us take a fresh look at our own lives! Ps.63:7 “Because thou hast been my help, therefore in the shadow of thy wings will I rejoice.”

Singing and rejoicing is an ongoing theme in God’s Word! As we meditate on Him and His goodness, look for those verses that speak encouragement to our own soul! The Word is full of them!

A favorite verse for many comes from the Book of Isaiah 40:29-31. “He gives power to the faint; and to *them who have no might* He increases strength. Even the youths shall faint and be weary, and the young men shall utterly fall: But they that wait upon the LORD shall renew their strength; they shall mount up with

wings as eagles; they shall run, and not be weary; and they shall walk and not faint.”

Who are the ones whose strength shall be renewed? The ones who are refreshed by seeking God’s help and those who choose to rejoice in the LORD! Hope also renews our thoughts toward the Lord and rejoicing! When we walk in obedience to the LORD and in His Principles, we will find ourselves recovering quicker from the pits of remorse we can find ourselves in so easily! Will you chose to rejoice today?

Rejoice in the Lord! Again, I say rejoice! If you have questions, prayer requests, or comments, please contact me at the above address or email me.

Blessings in His Service, Mary Mayko

REJOICING!

I’m rejoicing in the Lord with a grateful heart,
I am sure that from me, He will never depart!
What a comfort to know He is always there!
He shows me His loving kindness and care!

It’s only when I veer ‘way off His Course
That my soul gets downcast and full of remorse!
Satan tries to tell me, I’m finished for sure!
That Christ turned His back, now I am impure!

But don’t listen to his lies and awful deceit!
The Lord’s waiting for us to bow at His feet!
God’s love and forgiveness will simply amaze,
And as I rejoice, my heart fills with praise!

Mary Mayko